## TRY AT HOME <br> 4 EASY STEPS TO IMPROVE LITERACY BY INCREASING THE NUMBER OF WORDS YOUR CHILD HEARS "DAYTIMENIGHTTIME"

1.TALK

- Use words to describe the start of the day: sunrise-daybreak, first light, morning or dawn. Use words to describe the day's end, including: sunset-twilight, nightfall, evening, dusk. When referring to the night sky, include descriptive words to talk about the moon and stars. Use words: sparkle (shine, glitter), diamond (brilliant clear stone), flicker (to move with a fluttering or fast jerky motion or to appear briefly), shimmer (to shine softly, or cast a soft light), glisten (to shine brightly).


## 2.SING

Hello, Mr. Moon! (Jackie Harad, Mailbox Magazine, Feb./Mar. 2011)
Tune: If You're Happy and You Know It

Oh, hello, Mr. Moon how are you?
Oh, hello, Mr. Moon how are you?
We're so glad you're out tonight.
You are such a silvery sight.
We just love to see you light, yes, we do!
Oh, goodnight, Mr. Moon, yes, goodnight.
Oh, goodnight, Mr. Moon, yes, goodnight.
Oh, our eyes are closing tight.
It is time to say goodnight.
Oh, goodnight, Mr. Moon, yes, goodnight.

## 3.READ

Borrow these seasonal books from the library, or ask your friendly librarian for other titles.

- Twinkle, Twinkle, Little Star by Jane Cabrera
- Little Owl's Night by Divya Srinivasan
- Kitten's First Full Moon by Kevin Henkes
- Goodnight, Gorilla by Peggy Rathmann
- The Grumpy Morning by Pamela Duncan Edwards
- Can't Sleep by Chris Raschka
- Flashlight by Lizi Boyd


## 4.PLAY

- Use a flashlight for some nighttime fun. Explore around the back yard or neighborhood to see how things look in the darkness and with a flashlight. Aim the flashlight at just a small area of an object and talk about how difficult it is to determine what the object is when you are unable to see all of it. If you are unable to get outdoors, cover a small table with a blanket and lie underneath and have some flashlight fun with your child. Allow the flashlight to cast shadows on the tabletop above and use your fingers to make shapes.

